

# HANGING ROCK STATE PARK

## Bike Trails

### Physical Address

2568 Moores Spring Road, Westfield, NC 27053

### Mailing Address

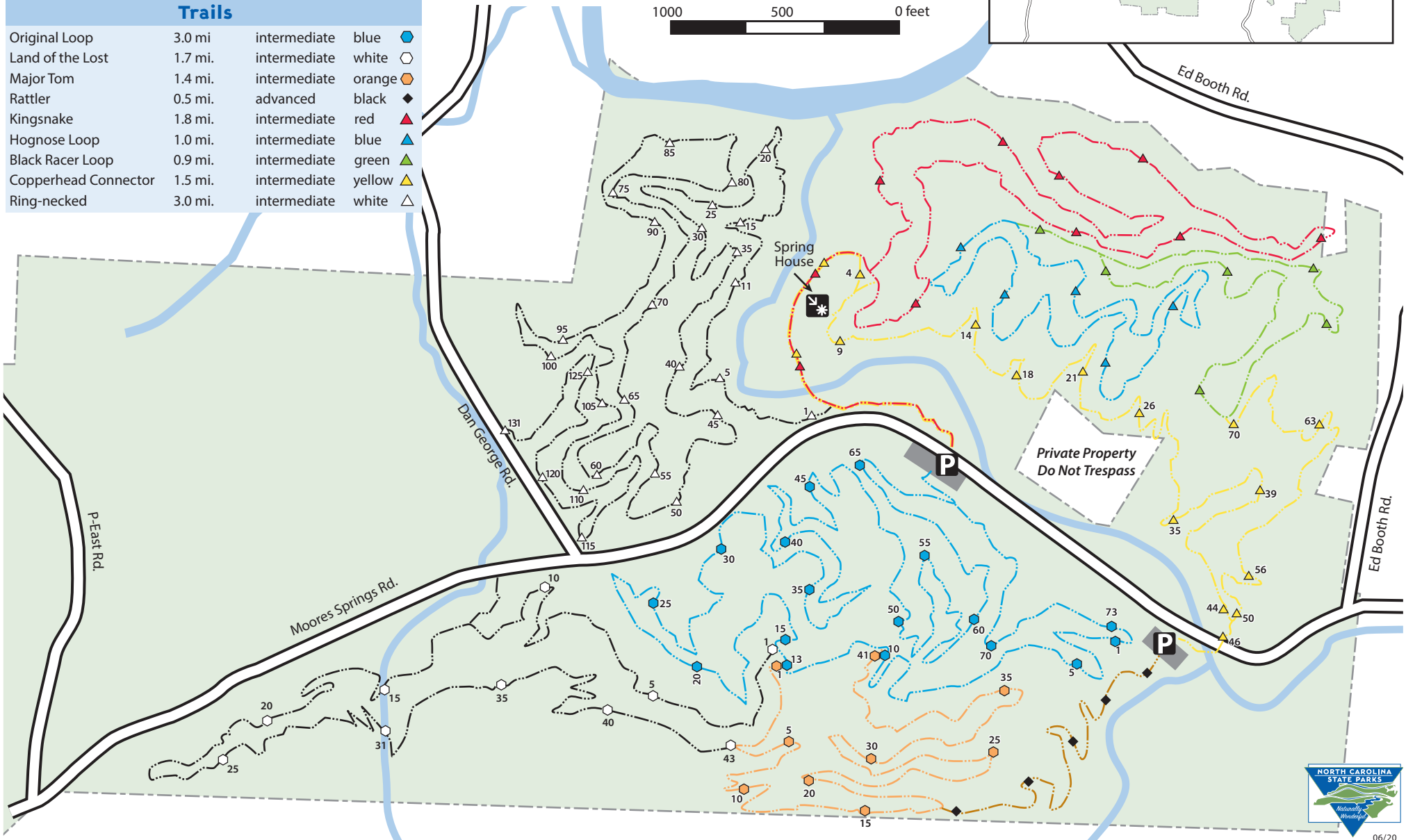
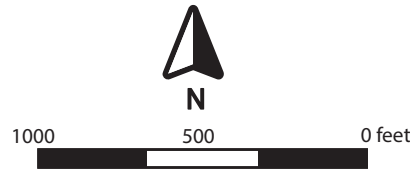
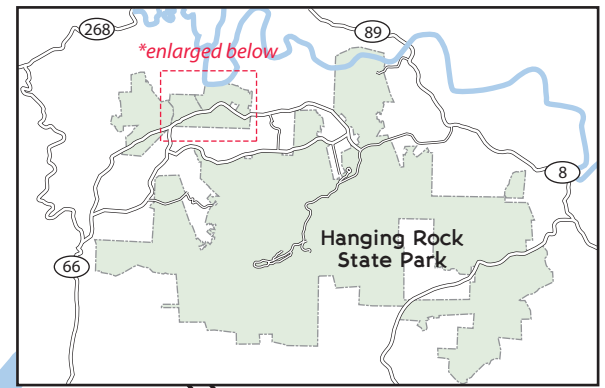
1790 Hanging Rock Park Road, Danbury, NC 27016  
 hanging.rock@ncparks.gov (336) 593-8480

### Legend

- Bike Trail
- Parking Area
- Spring House

### Trails

Original Loop	3.0 mi	intermediate	blue	
Land of the Lost	1.7 mi.	intermediate	white	
Major Tom	1.4 mi.	intermediate	orange	
Rattler	0.5 mi.	advanced	black	
Kingsnake	1.8 mi.	intermediate	red	
Hognose Loop	1.0 mi.	intermediate	blue	
Black Racer Loop	0.9 mi.	intermediate	green	
Copperhead Connector	1.5 mi.	intermediate	yellow	
Ring-necked	3.0 mi.	intermediate	white	



# Bike Trails of Hanging Rock State Park

Mountain Bike Trails (can be used by hikers and mountain bikers, but please yield the right-of-way to bikes)

**Original Loop** 3.0 mi. intermediate blue ●  
Trail begins at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Trail surface is gravel/dirt/rock. Winding trail with flowing sections and good berms. A scenic loop through rolling forested hills.

**Land Of The Lost** 1.7 mi. intermediate white ○  
Park at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. This trail begins near marker 14 of the Original Loop Trail and ends near marker 4 of the Major Tom Trail. Trail surface is gravel/dirt/rock. The trail features some lovely flowing cycling with a couple of rocky creek crossings. This is a pleasant back-end trail with exhilarating speedy descents.

**Major Tom** 1.4 mi. intermediate orange ●  
Park at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Trail begins near trail marker number 13 of the Original Loop Trail, parallels a farm field, then ends near marker number 10 of Original Loop. Trail surface is gravel/dirt/rock. Fast rocky trail across steep hillsides. Distance is one-way.

**Rattler** 0.5 mi. advanced black ◆  
Park at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Trail begins near mile marker 17 of the Major Tom Trail. This trail is to be ridden downhill only. Trail ends behind the farmhouse. Trail surface is gravel/dirt/rock. This trail is for advanced skilled riders only. This is a steep, downhill trail with fast berms and big doubles. This trail should not be taken by beginners. A fun run that is sure to challenge on mountain terrain. Distance is one-way.

**Kingsnake** 1.8 mi. intermediate red ▲  
Trail begins at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Walk bike across crosswalk. Use caution when crossing Moore's Spring Road. Trail surface is gravel/dirt/rock. Trail crosses the metal grate pedestrian bridge and winds past the historic Moore's Spring House where mineral water was bottled and shipped worldwide in the early 1900s. Trail turns uphill to the right past the springhouse. Halfway up the hill, trail turns left. Ride under stately beech trees in a large loop high above the Dan River. Distance is one-way.

**Hognose Loop** 1.0 mi. intermediate blue ▲  
Park at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Walk bike across crosswalk. Use caution when crossing Moore's Spring Road. This trail is a short loop beginning and ending near trail marker 106 of the Kingsnake Trail. Trail surface is gravel/dirt/rock. Trail leads through mature open forest. Gentle winding trail is good for newer riders.

**Black Racer Loop** 0.9 mi. intermediate green ▲  
Park at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Walk bike across crosswalk. Use caution when crossing Moore's Spring Road. This trail is a short loop beginning and ending near trail marker 33 of the Hognose Trail. Trail surface is gravel/dirt/rock. Trail follows a ridge through what was once an old campground. Gentle winding trail is good for beginner and intermediate riders.

**Copperhead Connector** 1.5 mi. intermediate yellow ▲  
*Not recommended for beginners.* Trail starts at the beginning of the Farmhouse parking lot driveway at 2700 Moore's Spring Road. From the driveway, trail winds under the DOT bridge on Moore's Spring Road. Trail immediately crosses Cascade Creek. No bridge. Riders must cross through creek. Trail then goes uphill and splits at a Y. Trail to the right leads to Black Racer; trail to the left leads to Kingsnake. Trail surface is gravel/dirt/rock. Distance is one-way.

**Ring-necked** 3.0 mi. intermediate white △  
Trail begins at the Mountain Bike Trails parking lot at 2568 Moore's Spring Road. Walk bike across crosswalk. Use caution when crossing Moore's Spring Road. Trail surface is gravel/dirt/rock. Follow Kingsnake for 300 feet. Then trail begins on the left. Trail parallels Cascade Creek then past bluffs of the Dan River before leading uphill through forested hills. Distance is one-way.